



JESSICA PAULSON

**EXECUTIVE CHEF
BOSTON, MA**



Jess started her culinary career working for Aramark at Fenway Park in Boston. As a young college student, she made the tough decision to follow her passion and creativity into the culinary world and put nutrition studies on pause.

Eighteen years, three countries, and three lines of business have kept her with the company and ultimately led her to Boston University as the Executive Chef of VIP Catering. Chef Jess studied therapeutic culinary arts at Bauman College in Berkeley, California and enjoys the challenge of making gourmet food accessible to all, even those with extreme dietary restrictions. She takes pride in serving the University's most esteemed members and guests while supporting seasonality and local producers while incorporating all flavors of the globe into cuisine.

Jess enjoys cooking and eating Mediterranean cuisine that focuses on freshness and bold flavors. She loves to explore the local restaurant scene in Boston and surrounding areas to continue to be inspired by the vast creativity.